Overview: This seminar is unique in providing an overview of Auriculotherapy and of Nogier’s Vascular Autonomic Signal (VAS).

Audience: This seminar on Auriculotherapy and on the VAS is intended for physicians, dentists, midwives, allied health professionals and acupuncturists. This seminar does not require having attended previous lectures from Dr. Nogier. Those who have already attended the course will review important concepts and new participants will discover the riches of a new therapeutic approach.

Lecturer: Raphaël Nogier, M.D., 63 years old. Practicing physician in Lyon, France. Dr. Nogier is chairman of G.L.E.M. (Groupe Lyonnais d’études médicales), a group created by his father, Dr. Paul Nogier in 1965. Raphaël Nogier has been practicing auriculotherapy for thirty years and has written many books and lectured worldwide on this subject.

Purpose of the seminar: Explain in simple terms Auriculotherapy and Nogier’s Vascular Signal daily use in office practice.
Course Program

Day 1: Morning—Review of History and Definitions
- Importance of language in medicine and in medical thought
- History of Auriculotherapy
- Definition of Auriculotherapy
- Differences between Auricular acupuncture and Auriculotherapy
- How did Paul Nogier discover auricular locations?
- Thought of Paul Nogier on Medicine
- Auriculotherapy and WHO
- Development of Auriculotherapy in the world

Day 1: Afternoon—What is Auricular Medicine
- Definition of Auricular Medicine
- Discovery of VAS in 1966: In Search of Yu and of the inhibitory reflex of the lower limbs.
- RAC/VAS (Réflexe Auriculo-Cardiaque /Vascular Autonomic Signal), means of investigation of auricular points
- The five stages of research of Paul Nogier:
  1. Mechanical stimulation of the points, photonic stimulation of the points, stimulation of the ear zones, simultaneous stimulation of the periphery and of the ear, stimulation of the body.
  2. VAS Recording: Graphs established by Michel Marignan, M.D.
  3. Photo-perception and photoemission. Photo-perception specifies the type of disease. Photo-emission measures the stage of the disease
  4. White light Test: basic test method using the VAS.
  5. Description of the standard test.
- Practical work
Day 2: Morning

- Exhaustion of the VAS: Dental foci, scars, disruptive foci.
- No VAS: Stellate compression, large link necklace, orthopedic insoles, burnout, cancer.
- Photogram: application in psoriasis
- Using a black and white stick
- Practical work

Day 2: Afternoon

- The Nogier frequencies: eight zones in the ear, eight zones on the skin surface, eight frequencies.
- The frequency signature of lesions. Application in the treatment of Parkinson's disease.
- The frequencies of laterality: How to treat multiple sclerosis, depression, attention deficit disorders, senile dementia.
- Clinical application of the frequencies to find the ear points
- Measuring photoemission: experimental method to detect cancer
- Practical work

Day 3: Morning

*Addressing musculoskeletal pain with auriculotherapy, including metabolic, traumatic, neurologic and psychogenic origins.*

- Review of the localizations on the external and internal face of the ear: spine, cervical, thoracic, lumbar, sacral, coccyx.
- Localizations of upper and lower limb
- How to detect the points involved in musculoskeletal pain: probe pressure, electro-detection, VAS
- When we must choose: needle, ASP, point massage, cauterization, frequencies
- Sciatica, lumbar pain, thoracic pain
- Shoulder pain: importance of dental focus
- Tennis elbow
- Wrist pain
- Arthritis of the thumb

Day 3: Afternoon

*Practical Demonstrations: addressing musculoskeletal pain with auriculotherapy.*